Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: MEGA

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Van der Plas Koen HEADCOACH

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 20: 100M BREASTSTROKE MEN 13+ Heat:1, starttime: 14:00

Heat: 1/14 Lane : 5 Athlete: MEERT JOLAN **Q-time: 01:54:75**

PB (25m pool): 01:34.62 Temse 15/11/2026 **PB (50m pool):** 01:54.75 **SB:** 01:34.62 Temse 15/11/2026

	25 M	50 M	75 M	100 M	
PB		00:44.82		01:34.62	
		00:44.82		*00:49.80*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 20: 100M BREASTSTROKE MEN 13+ Heat:2, starttime: 14:00

Heat: 2/14 Lane : 5 Athlete: DUMONT SIEBE **Q-time: 01:44:33**

PB (25m pool): 01:44.33 Gent 23/02/2025 **PB (50m pool):** 01:40.07 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:49.94		01:44.33	
		00:49.94		*00:54.39*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 20: 100M BREASTSTROKE MEN 13+ Heat:6, starttime: 14:10

Heat: 6/14 Lane : 8 Athlete: VERMEULEN DAAN **Q-time: 01:32:91**

PB (25m pool): 01:32.91 TEMSE 18/05/2025 **PB (50m pool):** 01:35.46 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:44.23		01:32.91	
		00:44.23		*00:48.68*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: MEGA

Event number: 20: 100M BREASTSTROKE MEN 13+ — Heat:10, starttime: 14:20

Heat: 10/14 Lane : 1 Athlete: HUENS WARRE — **Q-time: 01:23:51**

PB (25m pool): 01:23.51 Eeklo 06/04/2026 — **PB (50m pool):** 01:29.09 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:39.18		01:23.51	
		00:39.18		*00:44.33*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 20: 100M BREASTSTROKE MEN 13+ — Heat:10, starttime: 14:20

Heat: 10/14 Lane : 4 Athlete: BODDAERT LUCAS — **Q-time: 01:22:07**

PB (25m pool): 01:22.07 Temse 31/05/2026 — **PB (50m pool):** 01:26.75 **SB:** 01:23.29 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:39.13		01:22.07	
		00:39.13		*00:42.94*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 20: 100M BREASTSTROKE MEN 13+ — Heat:12, starttime: 14:25

Heat: 12/14 Lane : 5 Athlete: RABAEYS LUCAS — **Q-time: 01:18:55**

PB (25m pool): 01:18.55 EEKLO 04/10/2026 — **PB (50m pool):** 01:21.49 **SB:** 01:18.55 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:36.88		01:18.55	
		00:36.88		*00:41.67*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 20: 100M BREASTSTROKE MEN 13+ — Heat:13, starttime: 14:25

Heat: 13/14 Lane : 6 Athlete: BULCKAEN KORNEEL — **Q-time: 01:17:13**

PB (25m pool): 01:17.13 Temse 31/05/2026 — **PB (50m pool):** 01:20.04 **SB:** 01:18.45 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:35.19		01:17.13	
		00:35.19		*00:41.94*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: MEGA

Event number: 20: 100M BREASTSTROKE MEN 13+ — Heat:13, starttime: 14:25

Heat: 13/14 Lane : 7 Athlete: DE BAL SUIJS MAURO — **Q-time: 01:17:52**

PB (25m pool): 01:16.25 Temse 15/11/2026 — **PB (50m pool):** 01:22.18 **SB:** 01:16.25 Temse 15/11/2026

	25 M	50 M	75 M	100 M	
PB		00:35.54		01:16.25	
		00:35.54		*00:40.71*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 20: 100M BREASTSTROKE MEN 13+ — Heat:14, starttime: 14:25

Heat: 14/14 Lane : 7 Athlete: COUTANT YARNE — **Q-time: 01:13:95**

PB (25m pool): 01:13.95 Temse 31/05/2026 — **PB (50m pool):** 01:15.75 **SB:** 01:15.15 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:34.90		01:13.95	
		00:34.90		*00:39.05*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 21: 100M MEDLEY WOMEN 13+ — Heat:3, starttime: 14:35

Heat: 3/18 Lane : 2 Athlete: EYCKEN ENORA — **Q-time: 01:31:50**

PB (25m pool): 01:31.50 Zottegem 01/03/2026 — **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:31.50	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 21: 100M MEDLEY WOMEN 13+ — Heat:3, starttime: 14:35

Heat: 3/18 Lane : 5 Athlete: MAERTENS LOTTE — **Q-time: 01:31:15**

PB (25m pool): 01:31.15 Zottegem 01/03/2026 — **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:31.15	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: MEGA

Event number: 21: 100M MEDLEY WOMEN 13+ — Heat:4, starttime: 14:35

Heat: 4/18 Lane : 3 Athlete: VAN DER PLAS SANNE — **Q-time: 01:29:19**

PB (25m pool): 01:29.19 Zottegem 01/03/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:29.19	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 21: 100M MEDLEY WOMEN 13+ — Heat:5, starttime: 14:35

Heat: 5/18 Lane : 1 Athlete: SCHOENMAEKERS ALIX — **Q-time: 01:28:69**

PB (25m pool): 01:28.69 Zottegem 01/03/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:28.69	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 21: 100M MEDLEY WOMEN 13+ — Heat:8, starttime: 14:45

Heat: 8/18 Lane : 6 Athlete: BAEYE ROMY — **Q-time: 01:22:72**

PB (25m pool): 01:22.72 EEKLO 04/10/2026 **PB (50m pool):** no time **SB:** 01:22.72 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		no time		01:22.72	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 21: 100M MEDLEY WOMEN 13+ — Heat:16, starttime: 15:00

Heat: 16/18 Lane : 1 Athlete: ANSEEUW LIEZE — **Q-time: 01:17:04**

PB (25m pool): 01:17.04 Zottegem 01/03/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:17.04	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: MEGA

Event number: 21: 100M MEDLEY WOMEN 13+ — Heat:16, starttime: 15:00

Heat: 16/18 Lane : 5 Athlete: BOEYKENS CHARLOTTE — **Q-time: 01:16:88**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 21: 100M MEDLEY WOMEN 13+ — Heat:18, starttime: 15:00

Heat: 18/18 Lane : 4 Athlete: LOONES THULINE — **Q-time: 01:09:12**

PB (25m pool): 01:09.21 Verbauwenbad 18/04/2022 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:09.21	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 21: 100M MEDLEY WOMEN 13+ — Heat:18, starttime: 15:00

Heat: 18/18 Lane : 6 Athlete: VAN NIEUWENHOVE LAURIEN — **Q-time: 01:13:02**

PB (25m pool): 01:08.55 Gent 11/11/2018 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		01:08.55	
	no time				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 22: 50M BUTTERFLY WOMEN 11-12 — Heat:1, starttime: 15:05

Heat: 1/13 Lane : 7 Athlete: EYCKEN MARIE-LOU — **Q-time: 01:00:98**

PB (25m pool): 01:00.98 Eeklo 19/04/2026 **PB (50m pool):** no time **SB:** no time

	25 M	50 M	
PB		01:00.98	
	01:00.98		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: MEGA

Event number: 22: 50M BUTTERFLY WOMEN 11-12 — Heat:4, starttime: 15:10

Heat: 4/13 Lane : 8 Athlete: REYSERHOVE ANSE — **Q-time: 00:46:27**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	
PB		no time	
		no time	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 22: 50M BUTTERFLY WOMEN 11-12 — Heat:5, starttime: 15:10

Heat: 5/13 Lane : 5 Athlete: CHRISTIAENS NORE — **Q-time: 00:43:31**

PB (25m pool): 00:43.31 BEERNEM 19/09/2026 **PB (50m pool):** 00:46.42 **SB:** 00:43.31 BEERNEM 19/09/2026

	25 M	50 M	
PB		00:43.31	
		00:43.31	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 22: 50M BUTTERFLY WOMEN 11-12 — Heat:5, starttime: 15:10

Heat: 5/13 Lane : 7 Athlete: RABAEYS LAURE — **Q-time: 00:44:03**

PB (25m pool): 00:45.18 EEKLO 04/10/2026 **PB (50m pool):** 00:46.71 **SB:** 00:45.18 EEKLO 04/10/2026

	25 M	50 M	
PB		00:45.18	
		00:45.18	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 22: 50M BUTTERFLY WOMEN 11-12 — Heat:6, starttime: 15:10

Heat: 6/13 Lane : 8 Athlete: VANSIELEGHEM AMBER — **Q-time: 00:43:26**

PB (25m pool): 00:43.26 BEERNEM 19/09/2026 **PB (50m pool):** 00:44.36 **SB:** 00:43.26 BEERNEM 19/09/2026

	25 M	50 M	
PB		00:43.26	
		00:43.26	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: MEGA

Event number: 22: 50M BUTTERFLY WOMEN 11-12 — Heat:11, starttime: 15:15

Heat: 11/13 Lane : 6 Athlete: BRYS BARON YVONNE — **Q-time: 00:39:61**

PB (25m pool): 00:39.61 EEKLO 04/10/2026 **PB (50m pool):** 00:40.49 **SB:** 00:39.61 EEKLO 04/10/2026

	25 M	50 M	
PB		00:39.61	
	00:39.61		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:3, starttime: 15:25

Heat: 3/16 Lane : 2 Athlete: HUENS BRIEK — **Q-time: 00:39:12**

PB (25m pool): 00:39.12 Temse 17/11/2025 **PB (50m pool):** 00:37.38 **SB:** no time

	25 M	50 M	
PB		00:39.12	
	00:39.12		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:3, starttime: 15:25

Heat: 3/16 Lane : 5 Athlete: MEERT JOLAN — **Q-time: 00:38:78**

PB (25m pool): 00:38.78 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 00:39.54 **SB:** 00:38.78 Sint-Amandsberg 18/10/2026

	25 M	50 M	
PB		00:38.78	
	00:38.78		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:7, starttime: 15:25

Heat: 7/16 Lane : 6 Athlete: DUMONT SIEBE — **Q-time: 00:34:45**

PB (25m pool): 00:34.45 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 00:36.89 **SB:** 00:34.45 Sint-Amandsberg 18/10/2026

	25 M	50 M	
PB		00:34.45	
	00:34.45		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: MEGA

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:8, starttime: 15:30

Heat: 8/16 Lane : 6 Athlete: HUENS WARRE — **Q-time: 00:33:67**

PB (25m pool): 00:33.67 Dendermonde. 22/11/2025 **PB (50m pool):** 00:34.01 **SB:** no time

	25 M	50 M	
PB		00:33.67	
		00:33.67	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:9, starttime: 15:30

Heat: 9/16 Lane : 4 Athlete: POLLET MILO — **Q-time: 00:32:81**

PB (25m pool): 00:32.81 EEKLO 04/10/2026 **PB (50m pool):** 00:32.71 **SB:** 00:32.81 EEKLO 04/10/2026

	25 M	50 M	
PB		00:32.81	
		00:32.81	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:10, starttime: 15:30

Heat: 10/16 Lane : 5 Athlete: VERMEULEN DAAN — **Q-time: 00:32:14**

PB (25m pool): 00:32.14 EEKLO 04/10/2026 **PB (50m pool):** 00:32.94 **SB:** 00:32.14 EEKLO 04/10/2026

	25 M	50 M	
PB		00:32.14	
		00:32.14	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:11, starttime: 15:30

Heat: 11/16 Lane : 2 Athlete: BULCKAEN KORNEEL — **Q-time: 00:31:83**

PB (25m pool): 00:31.83 EEKLO 04/10/2026 **PB (50m pool):** 00:35.22 **SB:** 00:31.83 EEKLO 04/10/2026

	25 M	50 M	
PB		00:31.83	
		00:31.83	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: MEGA

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:12, starttime: 15:35

Heat: 12/16 Lane : 7 Athlete: DE BAL SUIJS MAURO — **Q-time: 00:31:32**

PB (25m pool): 00:31.32 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 00:33.19 **SB:** 00:31.32 Sint-Amandsberg 18/10/2026

	25 M	50 M	
PB		00:31.32	
		00:31.32	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:12, starttime: 15:35

Heat: 12/16 Lane : 8 Athlete: COUTANT YARNE — **Q-time: 00:31:39**

PB (25m pool): 00:31.39 EEKLO 04/10/2026 **PB (50m pool):** 00:31.80 **SB:** 00:31.39 EEKLO 04/10/2026

	25 M	50 M	
PB		00:31.39	
		00:31.39	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:14, starttime: 15:35

Heat: 14/16 Lane : 5 Athlete: LANNOY CAS — **Q-time: 00:29:59**

PB (25m pool): 00:29.59 Dendermonde. 22/11/2025 **PB (50m pool):** 00:29.52 **SB:** no time

	25 M	50 M	
PB		00:29.59	
		00:29.59	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 24: 200M BACKSTROKE WOMEN 13+ — Heat:6, starttime: 16:00

Heat: 6/13 Lane : 3 Athlete: CLAEYS ELISE — **Q-time: 02:59:89**

PB (25m pool): 02:59.89 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 03:00.76 **SB:** 02:59.89 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:42.45		01:28.41		02:14.36		02:59.89
		00:42.45		*00:45.96*		*00:45.95*		*00:45.53*
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: MEGA

Event number: 24: 200M BACKSTROKE WOMEN 13+ — Heat:13, starttime: 16:25

Heat: 13/13 Lane : 4 Athlete: LOONES THULINE — **Q-time: 02:30:90**

PB (25m pool): 02:25.46 LAGO Zwevegem 20/05/2024 **PB (50m pool):** 02:31.44 **SB:** 02:30.90 EEKLO 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		no time		no time		no time		02:25.46
		no time						
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 24: 200M BACKSTROKE WOMEN 13+ — Heat:13, starttime: 16:25

Heat: 13/13 Lane : 5 Athlete: BOEYKENS CHARLOTTE — **Q-time: 02:33:13**

PB (25m pool): 02:33.13 Sinbad 22/07/2025 **PB (50m pool):** 02:40.86 **SB:** 02:40.57 EEKLO 04/10/2026

	25 M	50 M	75 M	100	125	150	175	200 M
PB		00:36.37		01:15.43		no time		02:33.13
		00:36.37		*00:39.06*				
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .

Coach feedback:

Event number: 25: 100M FREESTYLE MEN 11-12 — Heat:3, starttime: 16:35

Heat: 3/12 Lane : 4 Athlete: BOBELYN LOIC — **Q-time: 01:25:80**

PB (25m pool): 01:17.19 Temse 15/11/2026 **PB (50m pool):** 01:25.80 **SB:** 01:17.19 Temse 15/11/2026

	25 M	50 M	75 M	100 M	
PB		00:36.98		01:17.19	
		00:36.98		*00:40.21*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 25: 100M FREESTYLE MEN 11-12 — Heat:3, starttime: 16:35

Heat: 3/12 Lane : 7 Athlete: CRUL DEAN — **Q-time: 01:27:12**

PB (25m pool): 01:27.12 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:32.94 **SB:** 01:27.12 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:42.21		01:27.12	
		00:42.21		*00:44.91*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: MEGA

Event number: 25: 100M FREESTYLE MEN 11-12 — Heat:9, starttime: 16:45

Heat: 9/12 Lane : 8 Athlete: VAN HULLE MAURO — **Q-time: 01:17:94**

PB (25m pool): 01:17.94 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:25.37 **SB:** 01:17.94 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:36.85		01:17.94	
		00:36.85		*00:41.09*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 25: 100M FREESTYLE MEN 11-12 — Heat:12, starttime: 16:50

Heat: 12/12 Lane : 3 Athlete: DE BAERDEMACKER JULES — **Q-time: 01:12:46**

PB (25m pool): 01:12.46 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:16.10 **SB:** 01:12.46 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:35.45		01:12.46	
		00:35.45		*00:37.01*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 26: 100M BREASTSTROKE WOMEN 11-12 — Heat:1, starttime: 16:55

Heat: 1/15 Lane : 3 Athlete: REYSERHOVE ANSE — **Q-time: 99:99:99**

PB (25m pool): no time **PB (50m pool):** no time **SB:** no time

	25 M	50 M	75 M	100 M	
PB		no time		no time	
		no time			
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 26: 100M BREASTSTROKE WOMEN 11-12 — Heat:3, starttime: 17:00

Heat: 3/15 Lane : 7 Athlete: EYCKEN MARIE-LOU — **Q-time: 01:53:21**

PB (25m pool): 01:53.21 Sint-Amandsberg 18/10/2026 **PB (50m pool):** no time **SB:** 01:53.21 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:53.63		01:53.21	
		00:53.63		*00:59.58*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: MEGA

Event number: 26: 100M BREASTSTROKE WOMEN 11-12 — Heat:4, starttime: 17:00

Heat: 4/15 Lane : 1 Athlete: CHRISTIAENS NORE — **Q-time: 01:50:41**

PB (25m pool): 01:57.30 Dendermonde. 22/11/2025 **PB (50m pool):** 01:50.41 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:56.15		01:57.30	
		00:56.15		*01:01.15*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 26: 100M BREASTSTROKE WOMEN 11-12 — Heat:4, starttime: 17:00

Heat: 4/15 Lane : 2 Athlete: VANSIELEGHEM AMBER — **Q-time: 01:50:31**

PB (25m pool): 01:53.43 Dendermonde. 22/11/2025 **PB (50m pool):** 01:50.15 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:54.25		01:53.43	
		00:54.25		*00:59.18*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 26: 100M BREASTSTROKE WOMEN 11-12 — Heat:5, starttime: 17:05

Heat: 5/15 Lane : 1 Athlete: STANDAERT FELICE — **Q-time: 01:49:07**

PB (25m pool): 01:44.66 Temse 15/11/2026 **PB (50m pool):** 01:49.07 **SB:** 01:44.66 Temse 15/11/2026

	25 M	50 M	75 M	100 M	
PB		00:48.92		01:44.66	
		00:48.92		*00:55.74*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 26: 100M BREASTSTROKE WOMEN 11-12 — Heat:5, starttime: 17:05

Heat: 5/15 Lane : 6 Athlete: AUDENAERT LORE — **Q-time: 01:48:70**

PB (25m pool): 01:48.70 Sint-Amandsberg 18/10/2026 **PB (50m pool):** 01:52.37 **SB:** 01:48.70 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:50.62		01:48.70	
		00:50.62		*00:58.08*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: MEGA

Event number: 26: 100M BREASTSTROKE WOMEN 11-12 — Heat:8, starttime: 17:10

Heat: 8/15 Lane : 7 Athlete: BEERENS LEONIE — **Q-time: 01:43:63**

PB (25m pool): 01:43.63 Sint-Amandsberg 18/10/2026 **PB (50m pool):** no time **SB:** 01:43.63 Sint-Amandsberg 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:50.27		01:43.63	
		00:50.27		*00:53.36*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 26: 100M BREASTSTROKE WOMEN 11-12 — Heat:9, starttime: 17:15

Heat: 9/15 Lane : 2 Athlete: BRYS BARON YVONNE — **Q-time: 01:41:88**

PB (25m pool): 01:41.88 EEKLO 04/10/2026 **PB (50m pool):** 01:47.17 **SB:** 01:41.88 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:48.34		01:41.88	
		00:48.34		*00:53.54*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 26: 100M BREASTSTROKE WOMEN 11-12 — Heat:13, starttime: 17:20

Heat: 13/15 Lane : 3 Athlete: RABAEYS LAURE — **Q-time: 01:35:33**

PB (25m pool): 01:35.33 EEKLO 04/10/2026 **PB (50m pool):** 01:46.28 **SB:** 01:35.33 EEKLO 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:45.39		01:35.33	
		00:45.39		*00:49.94*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback: